

1. Takes his sign while not on the rubber.
2. Assumes the windup position when his non-pivot foot is not on or behind a line extending through the front edge of the rubber.
3. Rotates his arms more than twice before delivery.
4. Attempts a pickoff move from the windup position.
5. Pitches a defaced ball.
6. Delivers without facing the batter.
7. Throws to first or third after his non-pivot foot has broken the plane of the back edge of the rubber.
8. Pitches when the catcher does not have both feet in the catcher's box.
9. Pumps more than twice before delivery.
10. Assumes the set position without keeping his pitching hand at his side or behind his back.
11. Comes to his stop with the ball above his chin.
12. Brings his pitching hand to his mouth and then delivers without wiping off that hand.
13. Interrupts his pitching motion, once begun
14. Pitches from the windup position without maintaining contact with the rubber.
15. Pitches from the set position with his pivot foot outside the end of the rubber.
16. Makes a quick return pitch.
17. Steps forward off the rubber from the set position.
18. Pitches from the set without coming to a complete stop.
19. Stretches twice.
20. Drops the ball while on the rubber when the ball does not cross the foul line.
21. Feints toward home.
22. Feints toward first.
23. Fails to step first with the non-pivot foot toward any base before making a throw.
24. Feints or throws to an unoccupied base except when making a play.
25. Fails to pitch after making any motion habitually connected with his delivery.
26. Removes his hand from the ball in the set position except to pitch or throw.
27. Stands on or astride or within five feet of the rubber without the ball (NCAA and pro: the five-foot restriction is not part of the rule).
28. After coming to a stop in the set position. Feints with any part of the upper body, except the head.
29. Steps toward occupied third and then turns to throw to first without first disengaging the rubber.
30. Commits any act which, in the umpire's judgment, is an illegal attempt to deceive the runners."

In #29, the HS pitcher is allowed to make this move with or without disengaging the rubber.